

## **Peer Health Educator Position Description**

The Peer Health Educator (PHE) position is a paid student worker position. The position is supervised by the office of Counseling and Career Services to provide health education and awareness programming at Dutchess Community College.

### **Responsibilities:**

Help plan, implement, and evaluate health education programming efforts across the six major areas: substance use/abuse, tobacco education, nutrition, sexual health, exercise fitness, stress management (or other areas of wellness as needed). Provide at least 3 evening and weekend programs per semester in the Residence Hall. Act as a part of a team to coordinate campus awareness weeks. Provide administrative/office assistance. Attend Student Government meetings. Act as Liaison to one student club or organization. PHEs will also play a role assisting with New Student Orientation in Fall and Spring semesters and the DCC Wellness Fair in April and may assist with other programs/events held by the office of Counseling and Career Services.

Computer skills include word processing and desktop publishing, written and verbal communication skills, basic public speaking ability. Must be able to work the minimum hours (5-10 hours per week) as well as some weekend and night hours.

Previous peer education experience, an interest in promotion of healthy behavior, must be a positive role model, must participate in mandatory Certified Peer Educator course (CPE) training.

## Peer Health Educator Application

Please submit a resume and completed application form to Counseling and Career Services (SSC 301; 845-431-8040).

Name: \_\_\_\_\_

Expected Graduation Date: \_\_\_\_\_

Major: \_\_\_\_\_

GPA: \_\_\_\_\_

Are you planning to live on campus in the residence hall next year?    Y        N

What health topics are you interested in?

If you could design a program on campus, what health topic would you choose and what would the program look like?

What is the one area of health/wellness that you need to improve on personally?

Describe the drinking culture among college students and how you think Health Education can have a positive effect on changing it?