

The Office of Counseling and Career Services

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DUTCHESS COMMUNITY COLLEGE AND DIETITIAN/NUTRITION EDUCATION

Job Description

Dietetics is the science of applying food and nutrition to health. Dietitians are food and nutrition experts. They apply the principles derived from the sciences of food, nutrition, biochemistry, physiology, food management, business, computer science and behavior to achieve and maintain the health care facilities, schools and universities, food and pharmaceutical companies, community and public health agencies, sports nutrition and corporate wellness programs, and private practice.

Training for Entry

The majority of Dutchess Community College graduates enroll in ADA (American Dietetic Association) approved baccalaureate degree programs. In order to become a Registered Dietitian a student must also complete an ADA approved internship and pass the national registration examination (Internships vary from 6 months to 1 year.)

Academic Preparation

Curriculum requirements for a baccalaureate degree in Dietetics/Nutrition focus on food, nutrition and management supported by the sciences, physical and biological, behavioral and social as well as business and communication.

*Suggested Courses for Students Planning to Major in Dietetics/Nutrition

ENG 101 & 102 (English Comp I & II)
BIO 109 & 110 (Anatomy & Physiology I & II)
CHEM 121 & *122 (General Chemistry I & II)
CHEM 231 (Organic Chemistry)
ECO 105 (Economic Issues) or ECO 201 (Microeconomics)
MAT 118 (Statistics)
BIO 112 (Nutrition)
PSY 111 (Psychological Principles I)
BHS 103 (Social Problems)

*See the following page for further details

A partial listing of approved undergraduate Dietetics/Nutrition Programs:

Marymount College of Fordham University, Russell Sage College, Cornell University, Syracuse University, NYU, LIU, U-Mass Amherst, U-Conn. Storrs, University of Florida Gainesville.

CUNY: Hunter, Lehman, Queens, RIT

SUNY: Oneonta, Plattsburgh, Buffalo State College

DUTCHESS COMMUNITY COLLEGE AND DIETITIAN/NUTRITIONIST EDUCATION

(SUNY Oneonta, SUNY Plattsburgh, & Marymount College of Fordham University)

Liberal Arts and Science: Science (LAX) is the appropriate program for DCC students to begin their academic preparation for a baccalaureate (B.S.) in Dietetics/Nutrition

ACADEMIC PREPARATION

DCC has transfer agreements with SUNY Oneonta, SUNY Plattsburgh, and Marymount College of Fordham University. These agreements maximize the transfer of credits from DCC to programs in dietetics/nutrition at the senior institutions. The following is a recommended plan of study for DCC students who will graduate with an A.S. degree (in LAX) and plan on transferring to one of the institutions mentioned above.

- * **ENG 101 & 102 (English Composition I&II)**
- SCI 100 (Science Introductory Seminar)**
- * **HIS 104 or HIS 108**
- * **BHS 103 (Social Problems in Today's World)**
- * **Science: CHEM 121 & 122 (General Chemistry I&II)**
 BIO 109 & 110 (Anatomy & Physiology I&II)
- * **Math: MAT 115 (Pre-Calculus or Above)**
- ** **Humanities**
- *** **Social Science**
- **** **General Education Elective**
 Electives: MAT 118 (Statistics), CHEM 231 (Organic Chemistry), BIO 122 (Nutrition)
 PSY 111 (Psychological Principles I), BIO 212 (Micro Biology)
- ***** **Free Elective**
 WFE 101 (Lifetime Wellness and Fitness)

* Course satisfies a SUNY-Wide General Education Requirement

** Humanities Course: Students Transferring to SUNY Oneonta or SUNY Plattsburgh choose from appendices H or I. Students Transferring to Marymount College of Fordham University choose from the following: Art, DAN 101, DAN 108, HUM 205, MUS, SPE, or THE.

***Social Science Course: Students transferring to Marymount College of Fordham University should take ECO 105. Students transferring to SUNY Oneonta or SUNY Plattsburgh should take ECO 105 or ECO 201.

****General Education Elective: Students transferring to SUNY Oneonta or SUNY Plattsburgh should take a course from a SUNY General Education category not previously met. Students transferring to Marymount College of Fordham University should consult an advisor.

*****Free Elective: Students transferring to SUNY Oneonta should take BUS 104. Students transferring to SUNY Plattsburgh should take BHS203 or SPE101. Students transferring to Marymount College of Fordham University should take BHS 203 or BHS 204.

Students should consult with a DCC advisor and meet all A.S. degree requirements.