

**HUMAN SERVICES  
RECREATION LEADERSHIP (REC)  
(HEGIS 5506.10)**

This program is designed to prepare recreation workers who can lead a wide variety of recreational activities, including music, arts, crafts, sports, and drama and apply these activities through purposeful programming to meet the needs of various age groups in diverse settings. Students have an opportunity to concentrate in either therapeutic or community recreation, while acquiring a solid understanding of the basic components and philosophy of Recreation Leadership.

Graduates may transfer credits from this program to a variety of senior colleges offering a baccalaureate degree in recreation and direct care.

**The Associate in Applied Science (A.A.S.) degree is awarded upon completion of the requirements this program.**

Courses should be selected in consultation with an advisor.

<u>Course No.</u>	<u>Descriptive Title</u>	<u>Cr.Hrs.</u>
<u>FIRST SEMESTER</u>		
ENG 101	Composition I	3
PSY 111	Psychological Principles I	3
PSY 134	Group Dynamics	3
BHS 110	Introduction to Human Services	3
REC 103	Recreation Leadership Field Practicum I	2
HMS100	Introductory Seminar	<u>1</u>
	TOTAL	15
<u>SECOND SEMESTER</u>		
ENG 102	Composition II	3
PSY 203	Developmental Psychology	3
PSY 102	Interviewing and Counseling Skills	3
REC 104	Recreation Leadership Field Practicum II	2
HED 134	First Aid, Safety, and CPR	<u>3</u>
	TOTAL	14
<u>THIRD SEMESTER</u>		
BIO 103	Human Biology	
or BIO 104	Environmental Biology (a)	4
ECO 105, GOV 121, HIS 104, HIS 108		3
BHS 103	Social Problems in Today's World	3
REC 201	Issues in Leadership	2
REC 203	Recreation Leadership Field Practicum III	3
PSY 202	Therapeutic Intervention Skills	<u>3</u>
	TOTAL	18
<u>FOURTH SEMESTER</u>		
REC 202	Adaptive Recreation	2
REC 204	Recreation Leadership Field Practicum IV	3
PSY 207	Creative Arts Therapy	3
THE, ART, or MUS Elective		3
Free Elective (b)		3-4
WFE 101	Lifetime Wellness and Fitness	<u>3</u>
	TOTAL	17-18
TOTAL 64 CREDIT HOURS		

**NOTE:**

1. In addition to the course requirements for this curriculum, all matriculated students must demonstrate proficiency in basic quantitative skills by earning a passing score on the numerical skills placement test. Students who do not earn a passing score on this test will be required to take CSM 090 and earn a grade of C or better.

2. All REC students are required to submit a completed physical examination form prior to field placement. All immunizations indicated on the form must be current. When this form is on file, the College Health Office will issue a waiver clearing the student for field placement. Hepatitis B Vaccine series is highly recommended and may be required by the placement site under the OSHA Standard on Exposure to Blood Borne Pathogens.

- a. Students stressing therapeutic recreation should take BIO 103. Students stressing commercial recreation should take BIO 104.
- b. See page 133 for a full discussion of the free elective requirement. The subject area for Recreation Leadership includes all courses labeled REC.